

# Menu

## THE Restaurant

OPENING  
HOURS:  
07:30 - 22:30  
Fridays:  
07:30 - 20:30

### ALL DAY BREAKFAST

Continental <b>V</b> <i>Cereal, Toast, Choice of Fruit Juice, Tea or Coffee</i>	2.300
Sunrise Delight <b>V</b> <i>2 Eggs cooked to your choice, Grilled Tomatoes &amp; Mushrooms, Toast, Choice of Fruit Juice, Tea or Coffee</i>	2.900
Dolphin Full Monty <b>P</b> <i>2 Eggs cooked to your choice, Bacon, Pork Sausages, Baked Beans, Grilled Tomatoes &amp; Mushrooms, Toast, Tea or Coffee</i>	5.300
Omelettes: <b>V</b> <i>Cheese, Mushroom &amp; Cheese or Masala</i>	3.100
Spanish <b>P</b> <i>( Pork Bacon, Mushroom &amp; Pepper )</i>	3.500
French Toast <b>V</b> <i>Choice of Fruit Juice, Tea or Coffee</i>	2.300
Sausage & Beans served with Fries <b>P</b>	3.200
Sausage, Bacon & Beans with Fries <b>P</b>	3.950
Pork Bacon Side <b>P</b>	1.900

### KID'S CUISINE

Cheese, Egg or Beans on Toast <b>V</b>	1.950
Chicken Bites or Nuggets *	2.250
Fish Bites *	2.650
Sliders: * <i>( Beef Burger or Cheeseburger )</i>	2.750
Chicken Hot Dog *	1.800
Macaroni & Cheese <b>V</b>	2.200
Spaghetti Bolognese	1.950
Spaghetti Carbonara <b>P</b>	2.750
Pizza Margherita <b>V</b>	1.400

### SOUPS

Chicken Sweet Corn Soup	1.800
Hot & Sour Soup <b>V</b>	1.800
Cream of Tomato Soup <b>V</b>	1.800
Mulligatawny Soup	1.800

### LITE BITES

Chicken or Tuna Melt Sandwich *	2.200
Cheese & Tomato Sandwich * <b>V</b>	2.200
BLT Sandwich * <b>P</b>	2.500
Club Sandwich ( Grilled or Cold ) * <b>P</b>	3.450
Baked Potato: <i>with a choice of Butter &amp; Sour Cream <b>V</b>, Cheese <b>V</b>, Tuna &amp; Sweetcorn with Mayo, Beans <b>V</b> or Chili Con Carne</i>	1.600
Bacon, Egg & Cheese Baguette * <b>P</b>	3.500
Fillet Steak Baguette *	3.550
Chicken Breast Baguette *	2.200
Tuna or Chicken Salad Baguette *	2.200
Hamburger *	2.700
Cheeseburger *	3.000
Pork Hot Dog * <b>P</b>	3.000
Chili Con Carne served with <i>Spaghetti or Rice</i>	2.900

### SALADS

The Dolphin Salad <b>V</b>	2.350
Caesar Salad with Chicken Breast	2.800
Rocket Salad <b>V</b>	2.350
Chicken Hawaiian Salad	2.800
Tuna or Chicken Salad	2.800
Ploughman's Lunch <b>V</b>	3.950
Chicken Pasta Salad	2.500

### STARTERS

Tomato Bruschetta <b>V</b>	1.500
Mushroom Bruschetta <b>V</b>	2.000
Baked Brie & Cranberry Sauce <b>V</b>	2.950
Cocktail Steak Bites	3.150
Samosas ( Vegetable <b>V</b> or Chicken )	1.350
Chicken Wings	1.450
King Fish Bites	2.650
Lemon Prawns	3.750
Cheese Board with Olives <b>V</b>	2.000

\* Choice  
of Free  
Side Dish



**V** = Veg  
**P** = Contains  
Pork





# Main Courses

V = Veg  
P = Contains  
Pork

## BEEF

Tenderloin Steak with Red / White Wine, Mushroom or Blue Cheese Sauce *	6.300
Chateaubriand Steak with Mushroom Sauce *	6.300
Beef Stroganoff *	3.850
Beef in Oyster Sauce *	3.850
Garlic Beef *	3.850
Schezwan Beef *	3.850

## CHICKEN

Grilled Chicken Breast *	3.500
Chicken Cordon Bleu *	4.000
Chicken Diane *	3.500
Chicken Supreme with Asparagus *	4.000
Chicken Tikka Masala *	3.500
Chicken Madras *	3.500
Butter Chicken *	3.800
Kadai Chicken *	3.500
Chicken Chow Mein	3.200

## FROM THE SEA

Traditional Fish & Chips	3.600
Grilled Fish *	4.000
King Fish Steak *	3.800
Crumbed Fried Fish *	3.800
Sweet & Sour Fish *	3.500
Fish Madras *	3.800
Prawns: *	5.000
<i>with a style choice of Chili Stir Fry, Crispy Fried, Kadai, Schezwan, Madras or Sweet &amp; Sour</i>	

## LAMB

Lamb Chops *	4.250
Roast Lamb *	4.250
Lamb Liver & Bacon * P	4.850
Lamb Kadai or Korma *	4.000

## PORK & TURKEY

Pork Chops * P	6.200
Bangers & Mash P	4.100
Roast Turkey with Stuffing & Cranberries *	3.700

## PASTA

Meat Lasagna	3.200
Mixed Pasta with Blue Cheese Sauce V	2.500
Spaghetti Bolognese	3.000
Spaghetti Carbonara P	3.800
Tagliatelle Alfredo P with Bacon & Chicken	4.200

## VEGETABLE V

Cauliflower & Broccoli Bake	3.500
Vegetable Au Gratin	3.200
Stir Fry Vegetables *	2.950
Vegetable Chow Mein	2.950
Vegetable Korma *	2.800
Daal *	2.000

## SIDES V

Boiled Mixed Vegetables	1.000
Mashed or Boiled Potatoes	1.000
French Fries	1.000
Side Salad	1.000
White Rice	1.000
Raita	0.500
Roti	0.500

## RICE

Plain Rice V	1.000
Parsley Rice V	1.500
Vegetable Fried Rice V	1.900
Chicken or Egg Fried Rice	2.600
Mixed Fried Rice	3.200

## DESSERT

Apple or Cherry Pie with Ice Cream, Fresh Cream or Hot Custard	1.800
Caramel Pudding	1.500
Crepes: Chocolate or Honey filled	1.500
Banana Split	1.800
2 Scoops of Ice Cream with Chocolate or Strawberry Topping	1.500
Milk Shakes: Chocolate, Vanilla or Strawberry	1.800

\* Choice of Free Side Dish

