

Menu

THE Restaurant

FOR HOME DELIVERY CALL
245 90624

OPENING
HOURS:
07:30 - 22:30
Fridays:
07:30 - 20:30



* Choice
of Free
Side Dish

VEGETABLE V

Cauliflower & Broccoli Bake	3.500
Vegetable Au Gratin	3.200
Stir Fry Vegetables *	2.950
Vegetable Chow Mein	2.950
Vegetable Korma *	2.800
Daal *	2.000

SIDES V

Boiled Mixed Vegetables	1.000
Mashed or Boiled Potatoes	1.000
French Fries	1.000
Side Salad	1.000
White Rice	1.000
Raita	0.500
Roti	0.500

RICE

Plain Rice V	1.000
Parsley Rice V	1.500
Vegetable Fried Rice V	1.900
Chicken or Egg Fried Rice	2.600
Mixed Fried Rice	3.200

KID'S CUISINE

Cheese, Egg or Beans on Toast V	1.950
Chicken Bites or Nuggets *	2.250
Fish Bites *	2.650
Sliders: *	2.750
(Beef Burger or Cheeseburger)	
Chicken Hot Dog *	1.800
Macaroni & Cheese V	2.200
Spaghetti Bolognese	1.950
Spaghetti Carbonara P	2.750
Pizza Margherita V	1.400

NON-ALCOHOLIC BEVERAGES

Mineral Water	(s) 0.400
	(l) 0.800
Perrier Water	0.700
Peach Iced Tea	0.500
Red Bull	1.200
Fresh Orange Juice	1.600
Soft Drinks	0.400
Juices	0.900

V = Veg
P = Contains
Pork



ALL DAY BREAKFAST

Continental V <i>Cereal, Toast, Choice of Fruit Juice</i>	2.300
Sunrise Delight V <i>2 Eggs cooked to your choice, Grilled Tomatoes & Mushrooms, Toast, Choice of Fruit Juice</i>	2.900
Dolphin Full Monty P <i>2 Eggs cooked to your choice, Bacon, Pork sausages, Baked Beans, Grilled Tomatoes & Mushrooms, Toast</i>	5.300
Omelettes: V <i>Cheese, Mushroom & Cheese or Masala</i>	3.100
Spanish (<i>Pork Bacon, Mushroom & Pepper</i>) P	3.500
French Toast with <i>Choice of Fruit Juice</i> V	2.300
Sausage & Beans served with <i>Fries</i> P	3.200
Sausage, Bacon, Beans with <i>Fries</i> P	3.950
Pork Bacon Side P	1.900

LITE BITES

Chicken or Tuna Melt Sandwich *	2.200
Cheese & Tomato Sandwich * V	2.200
BLT Sandwich * P	2.500
Club Sandwich (<i>Grilled or Cold</i>) * P	3.450
Baked Potato with a choice of: <i>Butter & Sour Cream</i> V , <i>Cheese</i> V , <i>Tuna & Sweetcorn</i> <i>with Mayo, Beans</i> V or <i>Chili Con Carne</i>	1.600
Bacon, Egg & Cheese Baguette * P	3.500
Fillet Steak Baguette *	3.550
Chicken Breast Baguette *	2.200
Tuna or Chicken Salad Baguette *	2.200
Hamburger *	2.700
Cheeseburger *	3.000
Pork Hot Dog * P	3.000
Chili Con Carne served with <i>Spaghetti or Rice</i>	2.900

SALADS

The Dolphin Salad V	2.350
Caesar Salad with <i>Chicken Breast</i>	2.800
Rocket Salad V	2.350
Chicken Hawaiian Salad	2.800
Tuna or Chicken Salad	2.800
Ploughman's Lunch V	3.950
Chicken Pasta Salad	2.500

STARTERS

Tomato Bruschetta V	1.500
Mushroom Bruschetta V	2.000
Baked Brie & Cranberry Sauce V	2.950
Cocktail Steak Bites	3.150
Samosas (<i>Vegetable</i> V or <i>Chicken</i>)	1.350
Chicken Wings	1.450
King Fish Bites	2.650
Lemon Prawns	3.750
Cheese Board with <i>Olives</i> V	2.000

V = Veg
P = Contains
Pork



SOUPS

Chicken Sweet Corn Soup	1.800
Hot & Sour Soup V	1.800
Cream of Tomato Soup V	1.800
Mulligatawny Soup	1.800

Main
Courses

BEEF

Tenderloin Steak <i>with Red / White Wine, Mushroom or Blue Cheese Sauce</i> *	6.300
Chateaubriand Steak with <i>Mushroom Sauce</i> *	6.300
Beef Stroganoff *	3.850
Beef in Oyster Sauce *	3.850
Garlic Beef *	3.850
Schezwan Beef *	3.850

CHICKEN

Grilled Chicken Breast *	3.500
Chicken Cordon Bleu *	4.000
Chicken Diane *	3.500
Chicken Supreme with <i>Asparagus</i> *	4.000
Chicken Tikka Masala *	3.500
Chicken Madras *	3.500
Butter Chicken *	3.800
Kadai Chicken *	3.500
Chicken Chow Mein	3.200

FROM THE SEA

Traditional Fish & Chips	3.600
Grilled Fish *	4.000
King Fish Steak *	3.800
Crumbed Fried Fish *	3.800
Sweet & Sour Fish *	3.500
Fish Madras *	3.800
Prawns : *	5.000
<i>with a style choice of Chili Stir Fry, Crispy Fried, Kadai, Schezwan, Madras or Sweet & Sour</i>	

LAMB

Lamb Chops *	4.250
Roast Lamb *	4.250
Lamb Liver & Bacon * P	4.850
Lamb Kadai or Korma *	4.000

PORK & TURKEY

Pork Chops * P	6.200
Bangers & Mash P	4.100
Roast Turkey with <i>Stuffing, Gravy & Cranberries</i> *	3.700

PASTA

Meat Lasagna	3.200
Mixed Pasta with <i>Blue Cheese Sauce</i> V	2.500
Spaghetti Bolognese	3.000
Spaghetti Carbonara P	3.800
Tagliatelle Alfredo with <i>Bacon & Chicken</i> P	4.200



* Choice
of Free
Side Dish